



ARCI

**TRANSFORMATIVE
MUTI-STAGE
SOLUTIONS**

**TO
PREVENT
SEXUAL
ASSAULTS
&
TO
REHABILITATE**

**THE
ASSAULTED
&
THE
ASSAULTER**



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Types of Rapists

Opportunistic rapist: Offences are **unplanned and impulsive** and **immediate sexual gratification** is sought, with force used as necessary. Driven largely by immediate antecedent events and **not personal psychopathology**, for example: late night, lone isolated female, no witnesses around. Sexual assault is one of many instances of poor impulse control.

Anger rapist: Offence is driven by **extreme gratuitous aggression**, severe violence, and a **history** of previous antisocial offending, serious **physical injury to the victim** is caused.

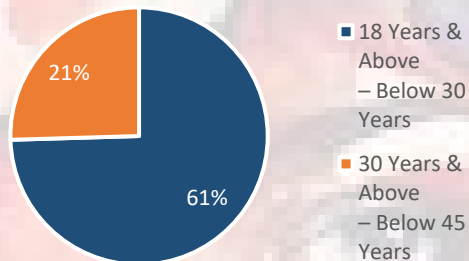
Sexually non-sadistic rapist: Offence driven by **sexual fantasies** and urges too, but the **sexual arousal is inappropriate** in nature (e.g., fetish), there are offence supportive beliefs and **feelings of inadequacy regarding masculinity and sex**.

Sexually sadistic rapist: The motivation for this rapist is **not sexual** but **fantasies of degradation and humiliation of and power and control** over the victim

Vindictive rapist: Offence driven by **predominantly anger**, but **unlike the angry rapist**, his anger and aggression is **focussed exclusively on women**. His behaviour is intended to humiliate and degrade victims with little/no evidence of eroticised aggression and low levels of impulsivity.

Vulnerability Index by environment and Age

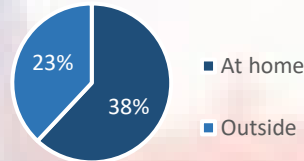
Major Vulnerability Index



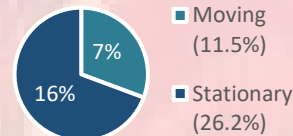
	18 Years & Above - Below 30 Years	30 Years & Above - Below 45 Years
Vulnerability Index	61%	21%
At home	38%	13%
Outside	23%	8%
Moving (11.5%)	7%	2%
walking (30%)	2%	1%
on-board a vehicle (70%)	5%	2%
public (60%)	3%	1%
private (40%)	2%	1%
Stationary (26.2%)	16%	5%
Total	61%	21%
Disabled population	1.22%	0.42%



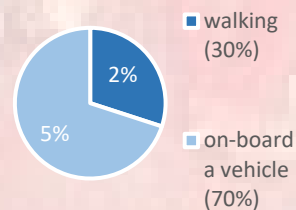
18 Years & Above
- Below 30 Years



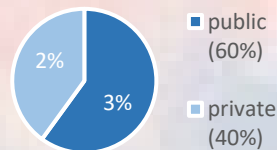
Outside



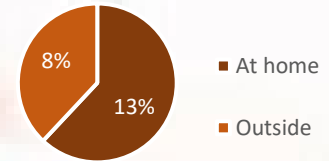
Moving (11.5%)



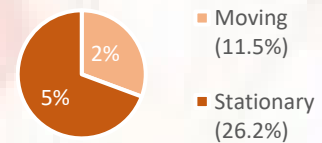
on-board a vehicle
(70%)



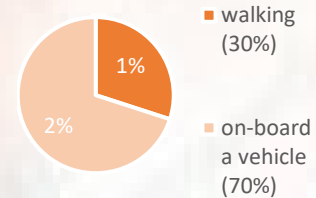
30 Years & Above
- Below 45 Years



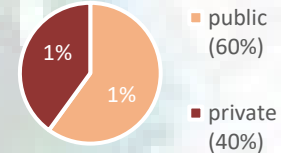
Outside



Moving (11.5%)



on-board a vehicle
(70%)



PSYCHOLOGY OF SEXUAL ASSAULTERS

(Neurobiological impairments)

Incapability to distinguish between aggressive and sexual impulses

(Psychotic disorders)

Those diagnosed with psychosis are four times more likely to have been convicted of a serious sexual offence than those without mental illness.

(Paraphilia)

Rape as a behavioural disorder has been excluded

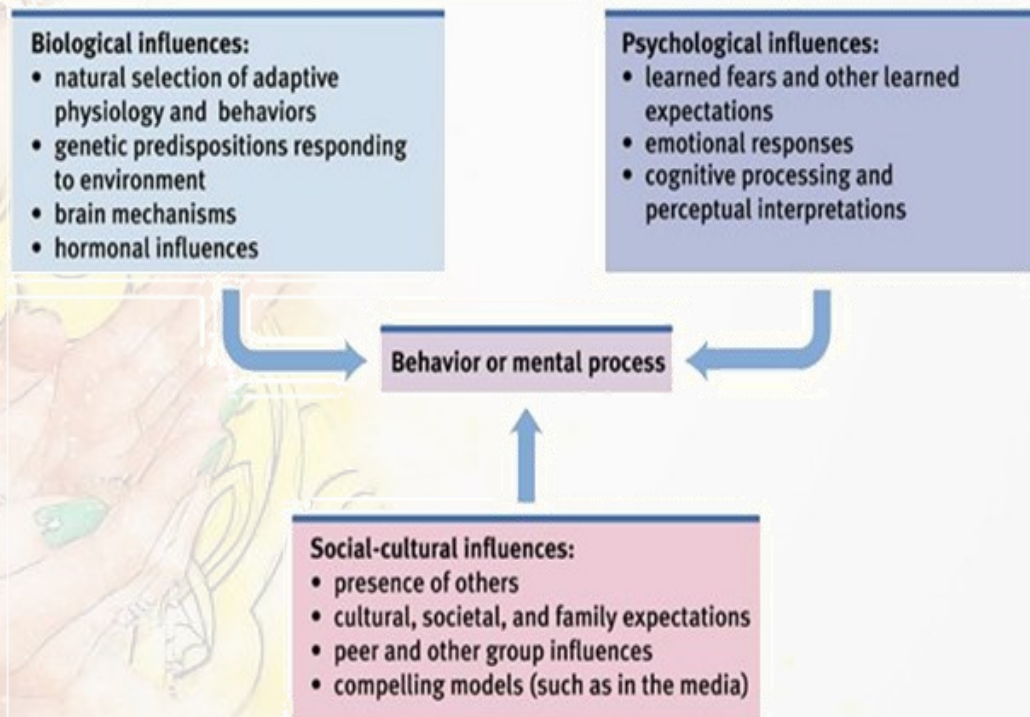
(Intimacy/ attachment issues)

Studies have shown rapists experienced multiple early life adversities such as sexual abuse, physical abuse, and dysfunctional family relations. Which may cause dismissive attachment characterized by hostility to, suspicion of, and unemphatic and callous attitudes toward attachment figures.

(Cognitive distortions)

Errors in cognitions that men hold implicit theories about the nature of the world which underlie their distorted beliefs which often drive and justify their rape behaviour. Some of these justifications include:

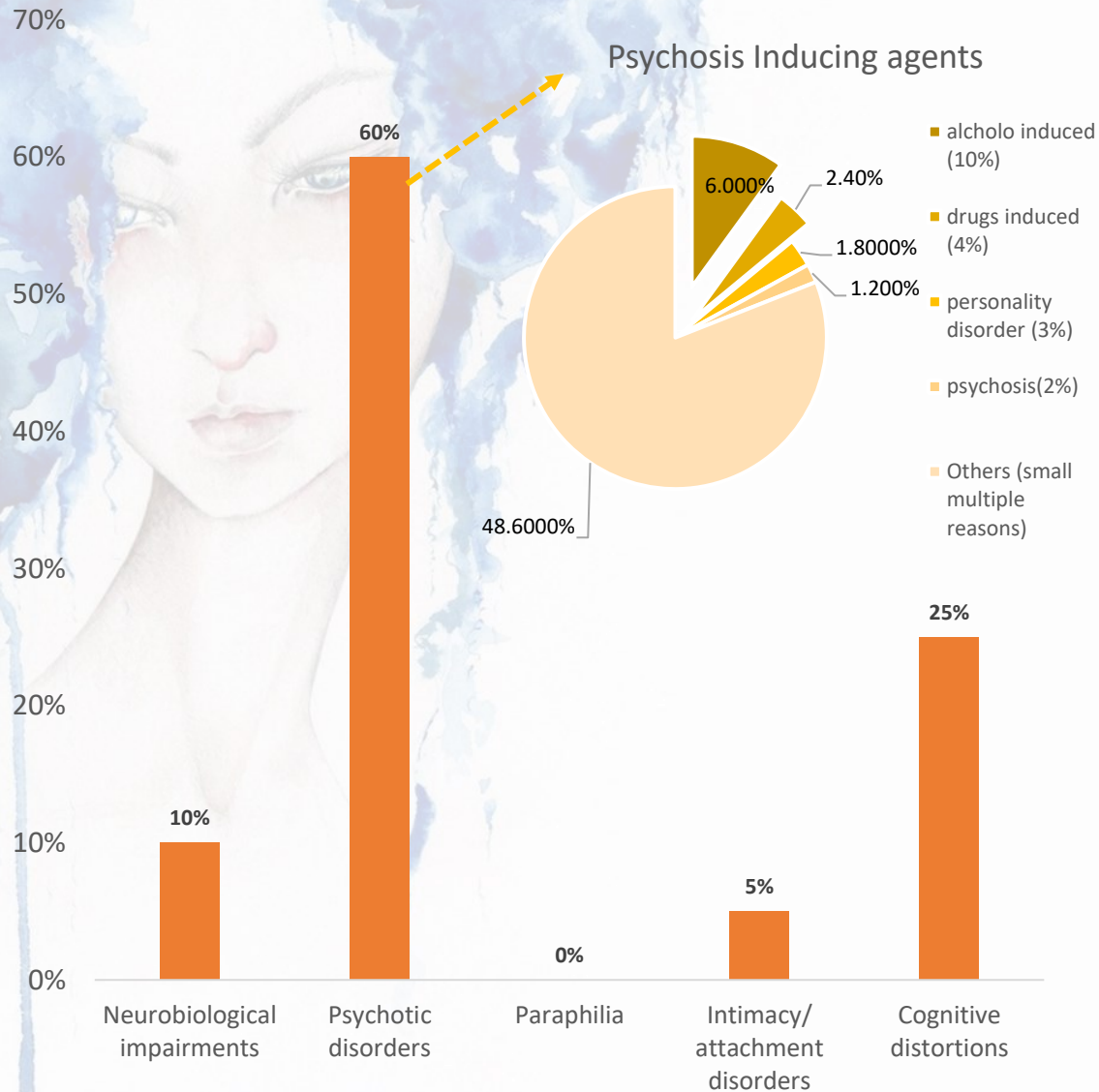
- *Women are unknowable*
- *Women are sex objects*
- *Male sex drive is uncontrollable*
- *Men have entitlement over women*
- *It's dangerous world, everyone should be prepared to protect themselves*



PSYCHOLOGY OF SEXUAL ASSAULTS

Psychological issues leading to sexual assaults	Percentage Probability
Neurobiological impairments	10%
Psychotic disorders	60%
alcohol induced (10%)	6.000%
drugs induced (4%)	2.40%
personality disorder (3%)	1.8000%
psychosis(2%)	1.200%
Others (multiple small reasons)	48.6000%
Paraphilia	0%
Intimacy/ attachment disorders	5%
Cognitive distortions	25%
Total	100%

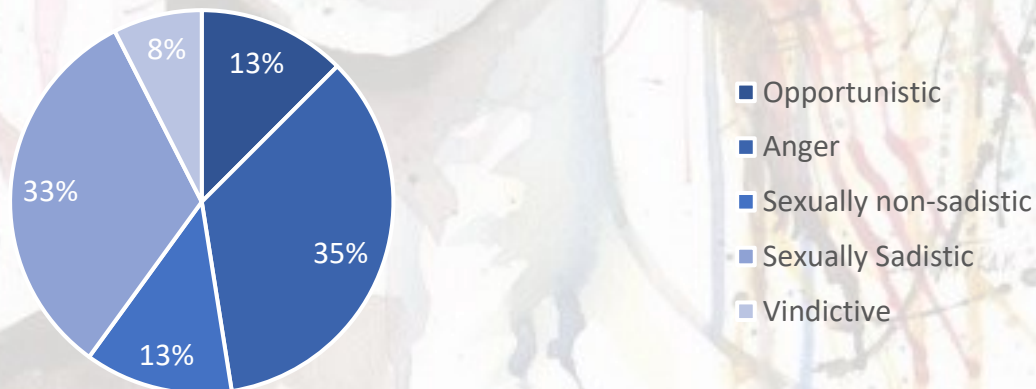
Psychological issues leading to sexual assaults



Translating Psychology Of Assaults to type of offenders

Psychological issues	% probability	Types of Rapists	Primary Match type as per definition	Secondary Match type as per definition	% probability (primary)	% probability (secondary)	% probability (Avg.)
Neurobiological impairments	10%	Opportunistic	Cognitive distortions	-	25%	0%	13%
Psychotic disorders	60%	Anger	Neurobiological impairments	Psychotic disorders	10%	60%	35%
Paraphilia	0%	Sexually non-sadistic	Cognitive distortions	Paraphilia	25%	0%	13%
Intimacy/ attachment disorders	5%	Sexually Sadistic	Intimacy/ attachment disorders	Psychotic disorders	5%	60%	33%
Cognitive distortions	25%	Vindictive	Intimacy/ attachment disorders	Neurobiological impairments	5%	10%	8%
Total	100%	Total					100%

Types of Rapists



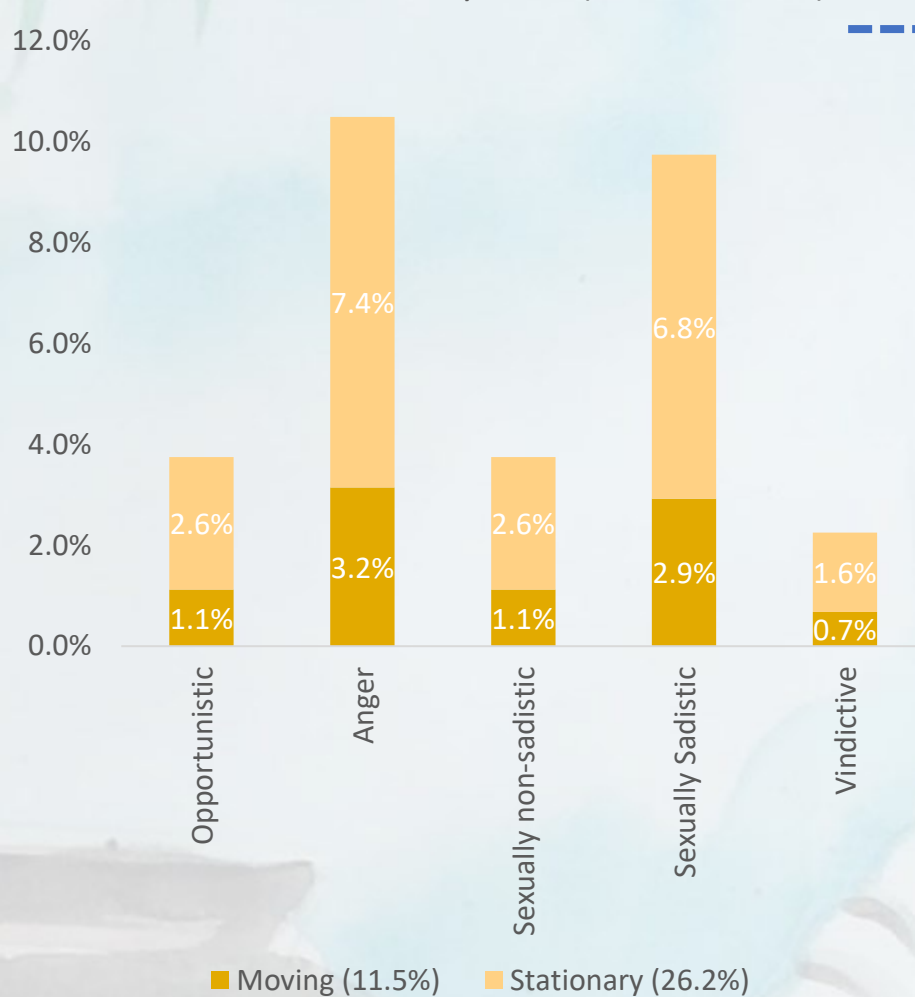
***We can't say it conclusively
but We think this will lead us
SOMEWHERE CONCLUSIVE!***

	18 Years & Above – Below 30 Years	30 Years & Above – Below 45 Years	Total	Assigned Weights (by type of rapists)				
				Opportunistic	Anger	Sexually non-sadistic	Sexually Sadistic	Vindictive
				13%	35%	13%	33%	8%
<u>Vulnerability Index</u>	61.0%	21.0%	82.0%	10.3%	28.7%	10.3%	26.7%	6.2%
At home	38.0%	13.0%	51.0%	6.4%	17.9%	6.4%	16.6%	3.8%
Outside	23.0%	8.0%	31.0%	3.9%	10.9%	3.9%	10.1%	2.3%
Moving (11.5%)	7.0%	2.0%	9.0%	1.1%	3.2%	1.1%	2.9%	0.7%
walking (30%)	2.0%	1.0%	3.0%	0.4%	1.1%	0.4%	1.0%	0.2%
on-board a vehicle (70%)	5.0%	2.0%	7.0%	0.9%	2.5%	0.9%	2.3%	0.5%
public (60%)	3.0%	1.0%	4.0%	0.5%	1.4%	0.5%	1.3%	0.3%
private (40%)	2.0%	1.0%	3.0%	0.4%	1.1%	0.4%	1.0%	0.2%
Stationary (26.2%)	16.0%	5.0%	21.0%	2.6%	7.4%	2.6%	6.8%	1.6%
Total	61.0%	21.0%	82.0%	10.3%	28.7%	10.3%	26.7%	6.2%
Disabled population	1.2%	0.4%	1.6%	0.2%	0.6%	0.2%	0.5%	0.1%

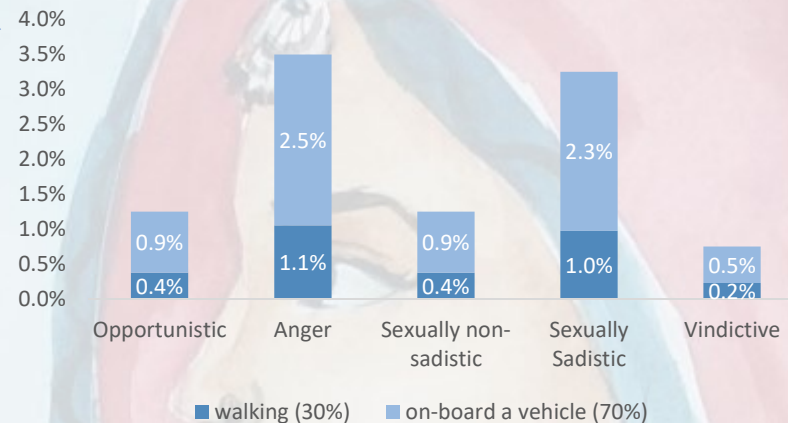
Definitive Vulnerability Index by Type of Rapist and Environment



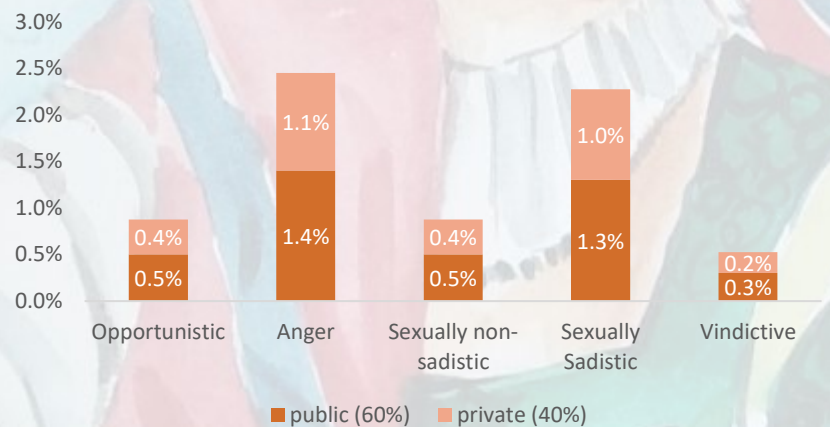
Definitive Vulnerability Index (Outside Home)



Definitive Vulnerability Index (while on the move)



Definitive Vulnerability Index (On-board a vehicle)



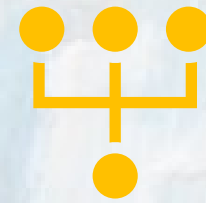
What goes on in RAPIST(s)' head?



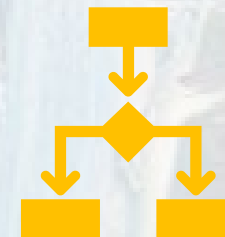
Single-factor theories: These refer to theories that attempt to explain a single unifying underlying cause of sexual aggression.

Multifactor theories: These combine a number of single factor theories into a comprehensive explanation of interactions and causal relationships that go to create a consolidation of factors for rape to occur.

Micro-theories: These are essentially descriptive theories developed from an analysis of the offence data and offenders' accounts of their behaviour. They specify how offending occurs in terms of core cognitive, behavioural, affective, volitional, and contextual factors and provide excellent shared relapse prevention plans for offenders and their therapists/supervisors.



Deductive Reasoning



Inductive Reasoning



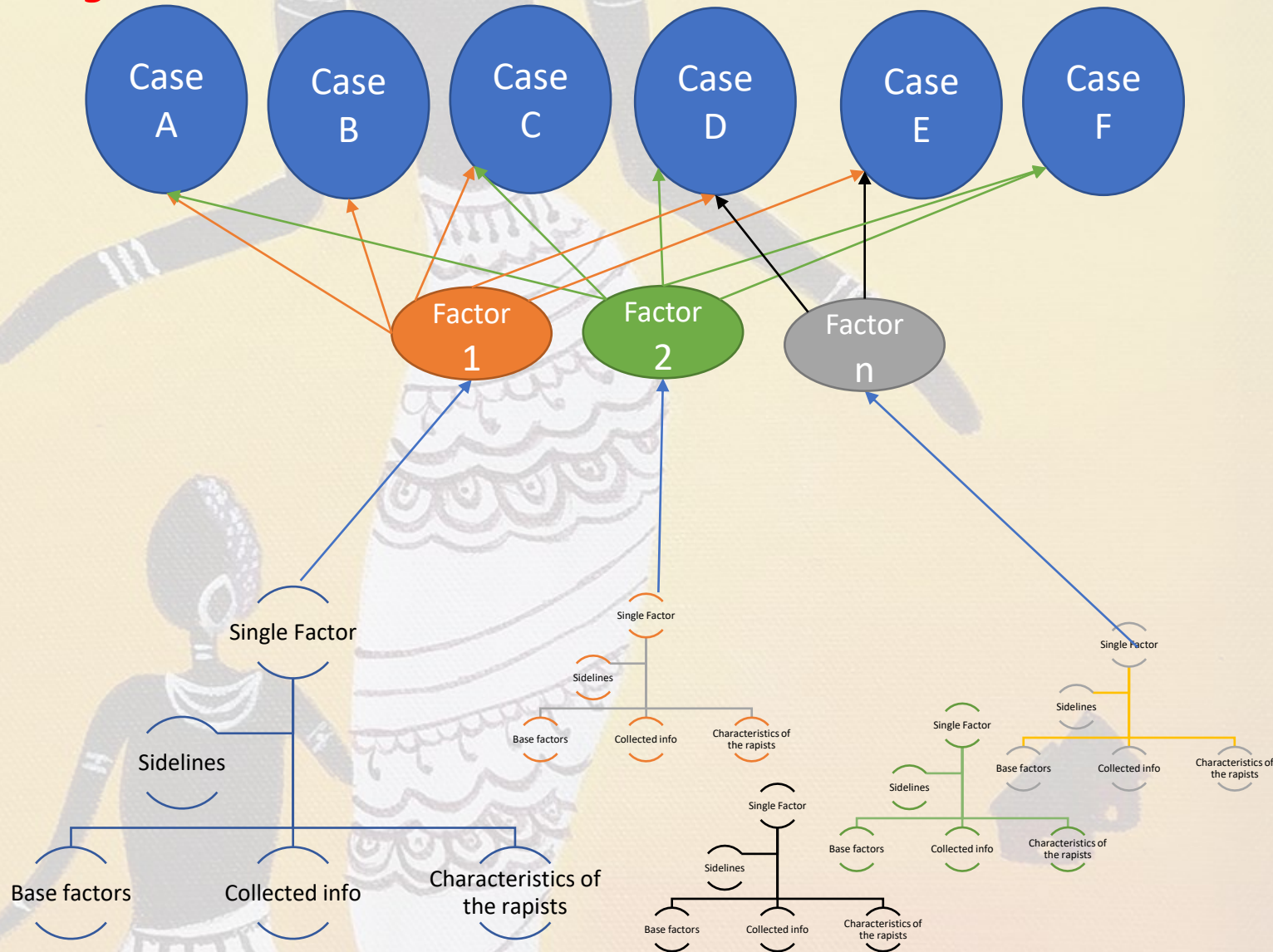
Microscopic view for a solution

How do psychological researchers figure out things?

Micro
Techniques
(Root cause
application)

Multi Factor
Analysis
(Root cause
aggregation)

Single Factor
Analysis
(Root cause)

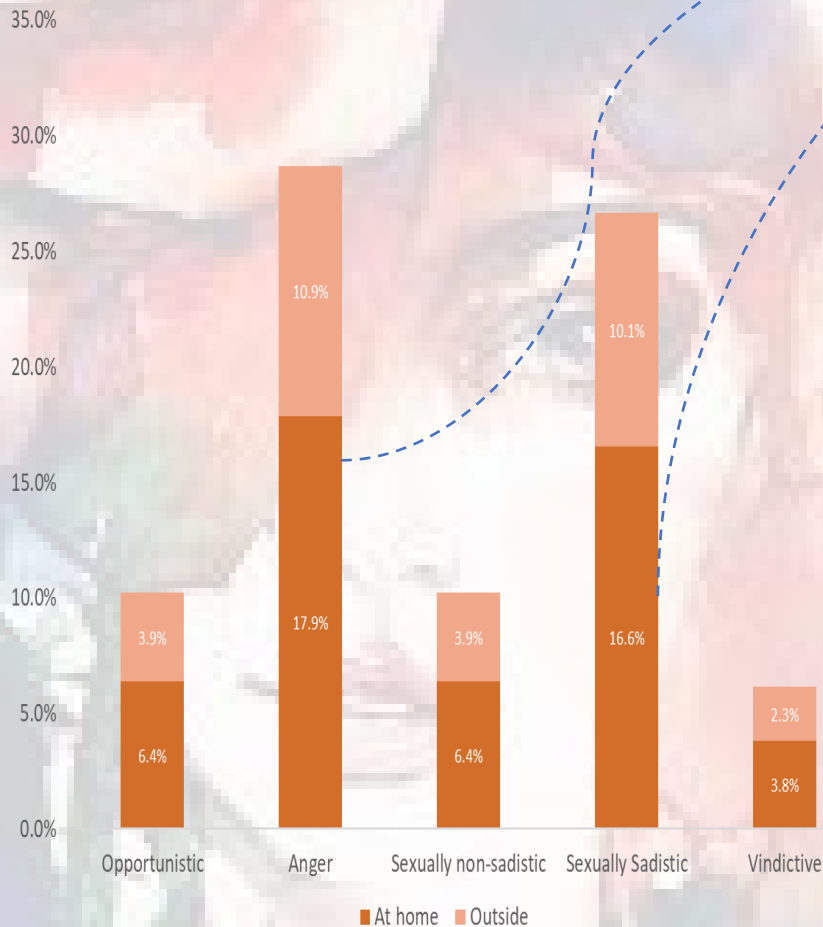


Transitioning to a prevention outline

***Drilling down into the most
vulnerable categories
to assess target audience, their
environment and the most
relevant type of offenders***

Prioritizing The Most Offended

Definitive Vulnerability Index by Type of Rapist and Environment



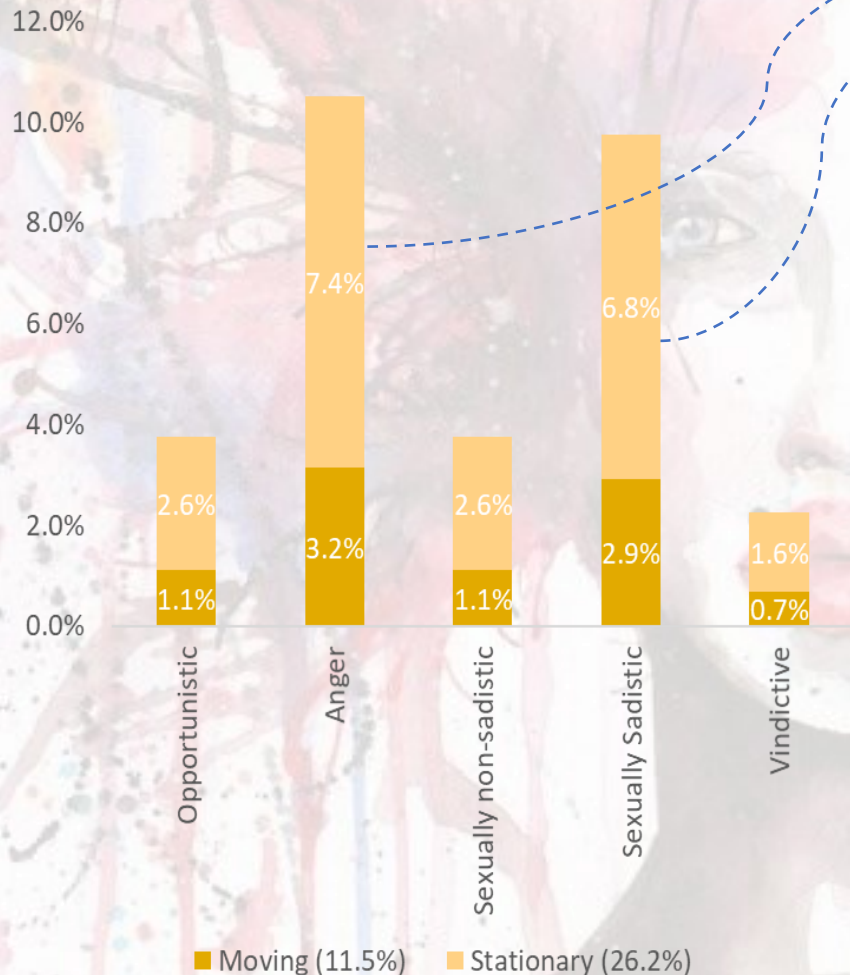
Primary Target Audience

- At Home (18-30yrs of age)
- Affected by
- Anger & Sexually Sadistic Rapists

- Acknowledging women's responsibilities and contributions to the household
- Making all the members of the house aware of her physical, psychological and rejuvenation needs
- Making the women aware of her rights and entitlements to safety, security, a good standard of living and laws against atrocious behaviors
- Making her financially independent
- Making the men of the house indulge into household works and taking up household work as responsibility not as mere assistance to the women
- Giving out anger management lessons to the angry sadistic people of family and scheduling couple's counseling if necessary
- Child care assessment for suitability of living environment in homes (*esp. for disabled children*)
- *Non-revocable restraining order to the offender from offended*
- *Non bailable arrest and imprisonment for minimum of 10 years*
- *2x alimony for marital rapes*
- *Violation of restraining order should lead to lifetime imprisonment*

The Second Most Offended

Definitive Vulnerability Index (Outside Home)



Secondary Target Audience

- Outside Home (Stationary, i.e. at school, work, markets, hospitals, orphanages, asylums, rejuvenating)

(18-30yrs of age)

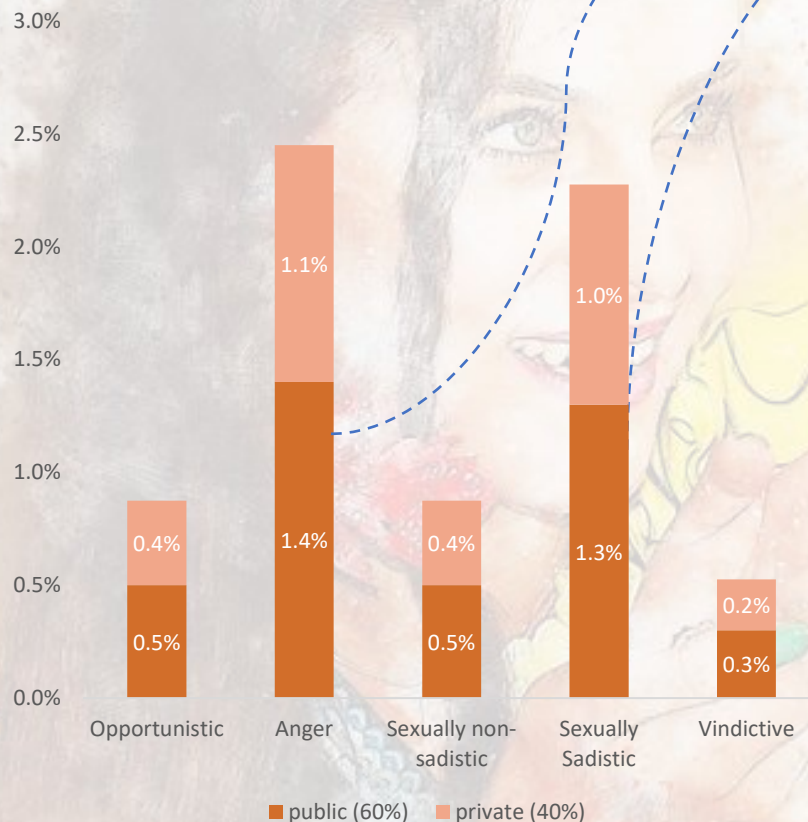
Affected by

-Anger & Sexually Sadistic Rapists

- Mandatory Prevention of Sexual Harassment workshops and posters reminding of the penalties of such acts at work, schools, orphanages, asylums, hospitals, clubs, hotels, parks, cafes, restaurants and other rejuvenating places.
- Emergency contact details of police and harassment cells
- Installation of redundant police alarms, alert buzzers and CCTVs at workplaces, schools, malls etc.
- Active sex offender registry system available online 24/7 on a high priority
- Mandatory chastity belt for sex offenders under psycho therapy unless approved otherwise by the therapist.
- Mandatory location tracking of all registered sex offenders.
- Active psych evaluation of sex offenders periodically
- Free basic self-defense training to able-bodied women
- For people with severe mobile/ mental/ visual/ speech impairment psych evaluation of the care-giver before assigning the job
- *Non-revocable restraining order to the offender from offended*
- *Non bailable arrest and imprisonment for minimum of 10 years*
- *Monthly Monetary compensation similar to alimony*

And, The Third Most Offended

Definitive Vulnerability Index (On-board a vehicle)

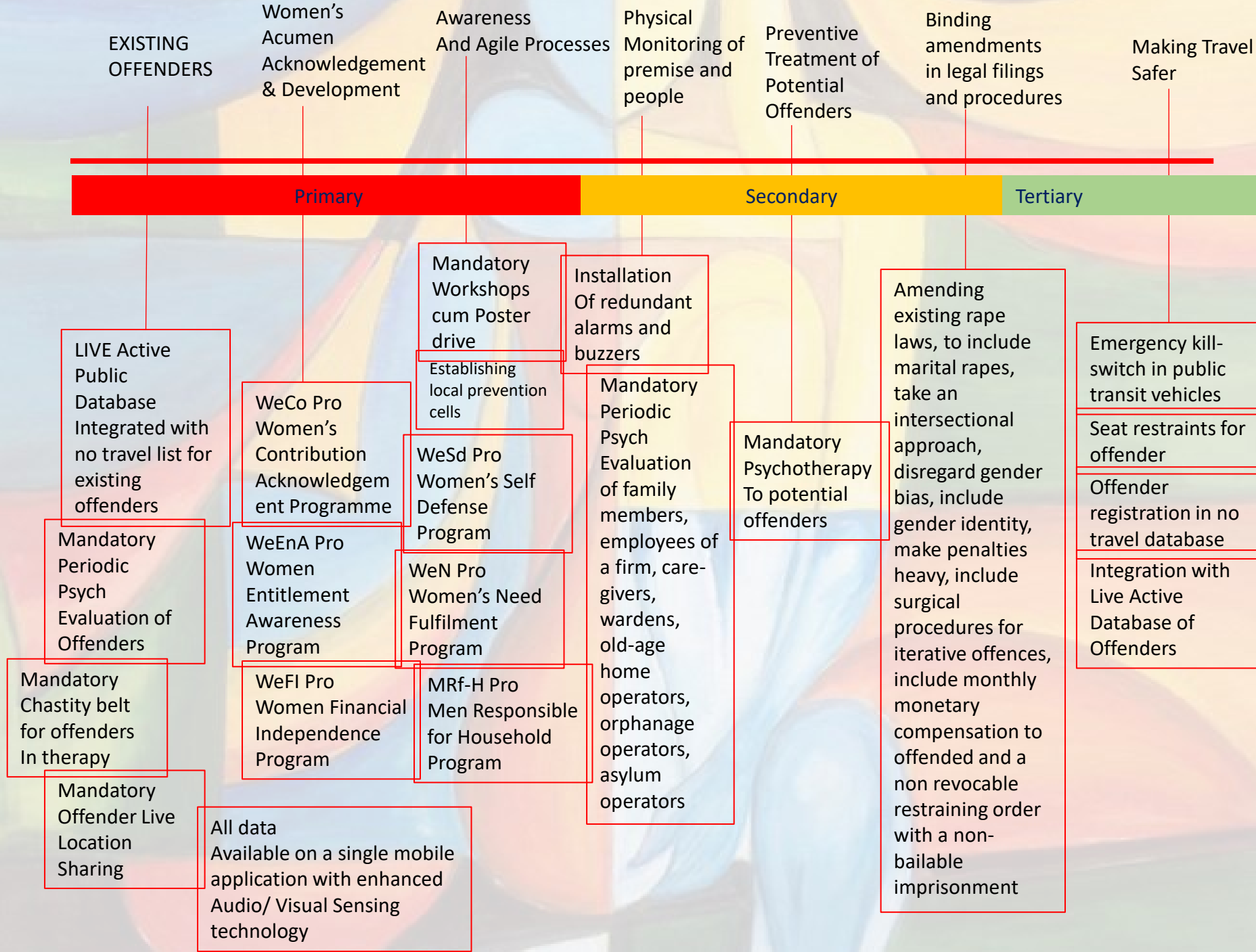


Tertiary Target Audience
- Outside Home (On-board a public vehicle)
(18-30yrs of age)
Affected by
-Anger & Sexually Sadistic Rapists

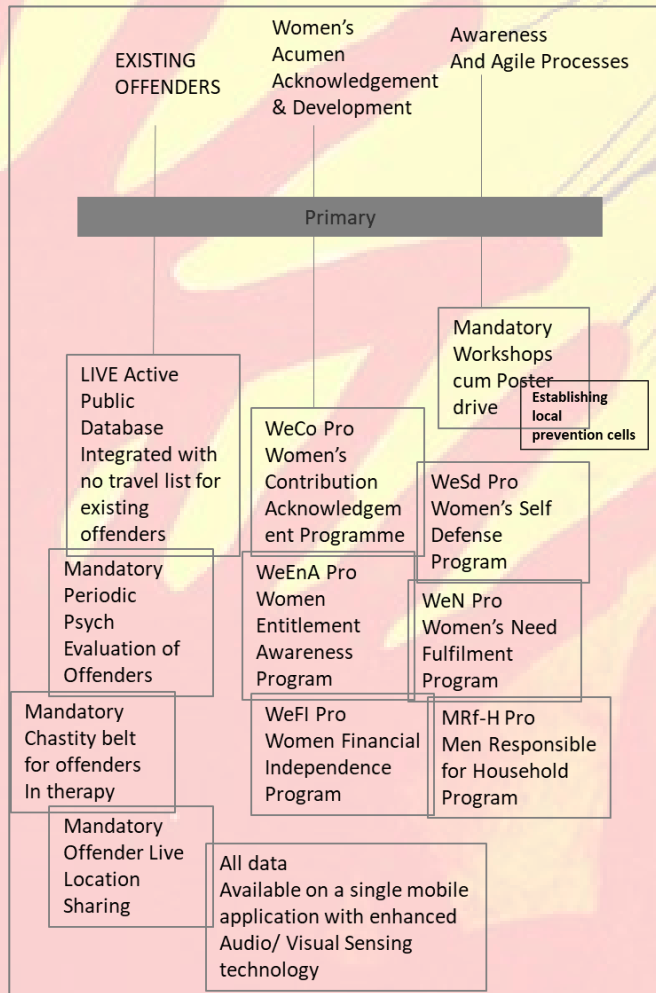
- Emergency kill-switch on each seat of a public transit vehicle, which stops the vehicle immediately and reports to the nearest police station of the incident. On-board security and other staff members to report to the passenger's seat immediately for assistance
- Restraining seat for the offender on the transit vehicle to prevent any further harm
- Mandatory debording of the offender to the nearest station where they must be escorted by police/ security agencies for detention or correction facilities
- Registration of offender on a no travel list, which should be integrated with the offender's database
- *Non-revocable restraining order to the offender*
- *from offended*
 - *Non bailable arrest and imprisonment for minimum of 10 years*
 - *Monthly Monetary compensation similar to alimony*
 - *Violation of restraining order should lead to lifetime of imprisonment*

Detailed Solution Timelines by application

***Detailing out a timeline for
rollout of solutions implicating
primarily a prevention first
strategy***



Primary part of the THREE PART SOLUTION!



EXISTING OFFENDERS

LIVE Active Public Database Integrated with no travel list for existing offenders

Mandatory Periodic Psych Evaluation of Offenders

Mandatory Chastity belt for offenders In therapy

Mandatory Offender Live Location Sharing

All data Available on a single mobile application with enhanced Audio/ Visual Sensing technology

The Indian government has reportedly launched the National Registry of Sexual Offenders that contains names, addresses, photographs, fingerprints, DNA samples, and PAN and Aadhaar numbers of convicted sex offenders. This information can only be accessed by law enforcement agencies. The registry will also store details of persons arrested or charge sheeted for sexual offences, but access to this **information will be limited to officers with requisite clearances**. In all, the registry is said to list over 4.5 lakh people to begin with.

Make this information **Publicly available** so that people coming in contact with a sex offender know who they are and could be able to save their own lives

Appointment of criminal psychologists for Psych evals. and psychotherapy to all sex offenders in prison and then mandatory periodic psych eval. post release to prevent relapse. This will help rehabilitation of the offender in society.

For those in therapy but can't be kept in prison for any reason must wear chastity belts till the therapist approves otherwise

24/7 GPS tracking of all registered sex offenders even when out of therapy, shouldn't be allowed to go alone late at night without a designated family member escorting them

All these things including name, voice and visual id, location, stages of Psycho therapy, to be available on a live public mobile app

Primary part of the THREE PART SOLUTION!

Women's Acumen Acknowledgement & Development

Recent supreme court decision to calculate insurance reimbursement for a couple dying in an accident to include economic importance of the homemaker marked a new shining milestone for women empowerment when she was acknowledged for her efforts in economic contributions

Acknowledging her contributions in homemaking, handling children, working an office/ factory job, or even sweeping, mopping or cooking as a maid, creating music and art, pursuing science, legal practice, business - anything and everything, she is contributing to the GDP directly or indirectly. Acknowledging her for her contributions will motivate her to do better. Will empower her, will make her believe that she is no less than a man...

We plan to provide platform to any and all works of women entrepreneurs, artists, etc. and use 95% of the platform charges to help Sexual Assault Victims attain financial independence.

Also, Women Empowerment schemes by government will be made available on a single platform with ease of use access at absolutely zero fee.

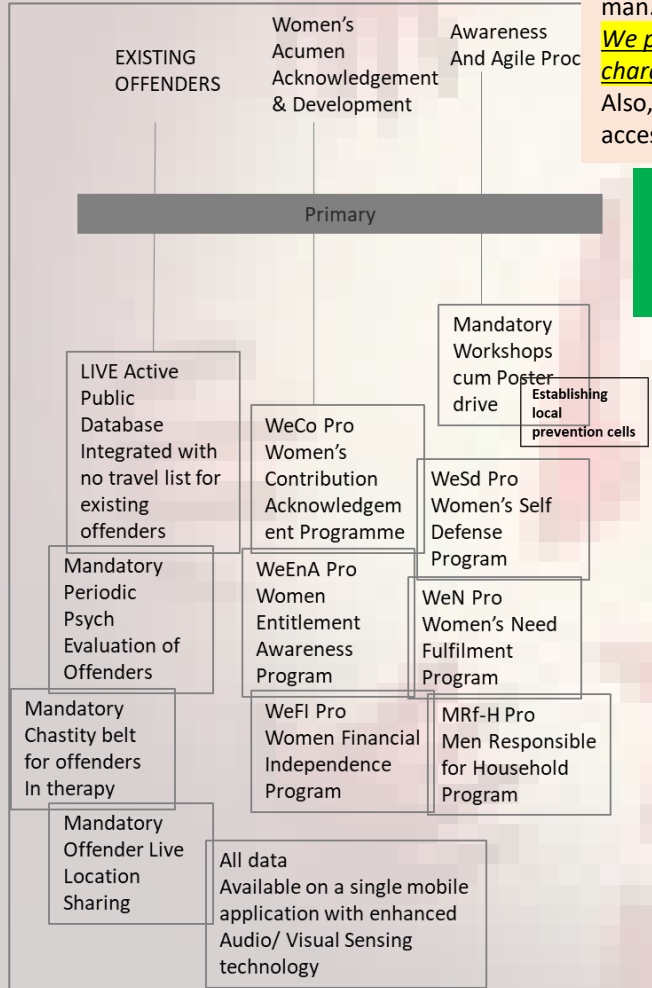
Self-defense workshops for women who think it is important to learn and protect against such crimes could be provided on every Sunday Morning, by trained professionals, on a pro-bono basis

Women must be made aware about the basic rights they have to safeguard themselves from atrocities at home or outside. They should be made aware to demand their a better standard of living each day, from their employers, their homes, their places of rejuvenation.

We plan to encourage our associates to donate their precious time, to give workshops and have interactive sessions with our audience.

We will gather all the information in a single place, which will be available to everyone at absolutely zero fee.

After all this it seems important that men not just understand and acknowledge women's work at homes or workplaces, but responsibly participate in housework themselves, because it is fair and square that both enjoy leisure time and the chores equally. Integrating this sensitizing workshop for men with all the other programs must help. Moreover, if government could make a fund for monthly allowances of a housemaker as a motivation and encouragement for their important contributions



WeCo Pro
Women's
Contribution
Acknowledgement
Programme

WeSd Pro
Women's Self
Defense
Program

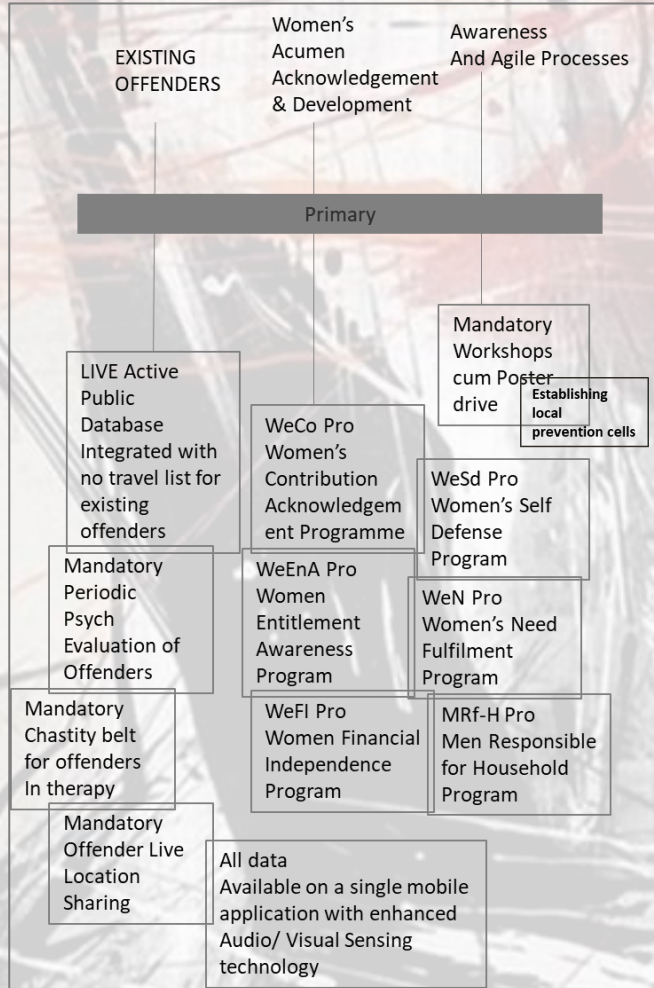
WeEnA Pro
Women
Entitlement
Awareness
Program

WeN Pro
Women's Need
Fulfilment
Program

WeFI Pro
Women Financial
Independence
Program

MRf-H Pro
Men Responsible
for Household
Program

**Primary part of the
THREE PART SOLUTION!**



Mandatory workshops on prevention of sexual harassment in all govt./pvt. schools, workplaces, hospitals, asylums, orphanages, hotels, places of rejuvenation, police stations, offices of transit agencies, for operators of public transit vehicles, drivers, conductors, pilots.

Mandatory workshops on prevention of sexual harassment in housing colonies, societies, compounds, complexes, apartment buildings collectively, including watchmen and other utility workers like maids, gardeners, plumbers, and other maintenance workers, this must be a mandate in the building code and contracts, to hold these workshops using building management funds by building secretary/ colony secretary/ village headmen/ or other authority figures .

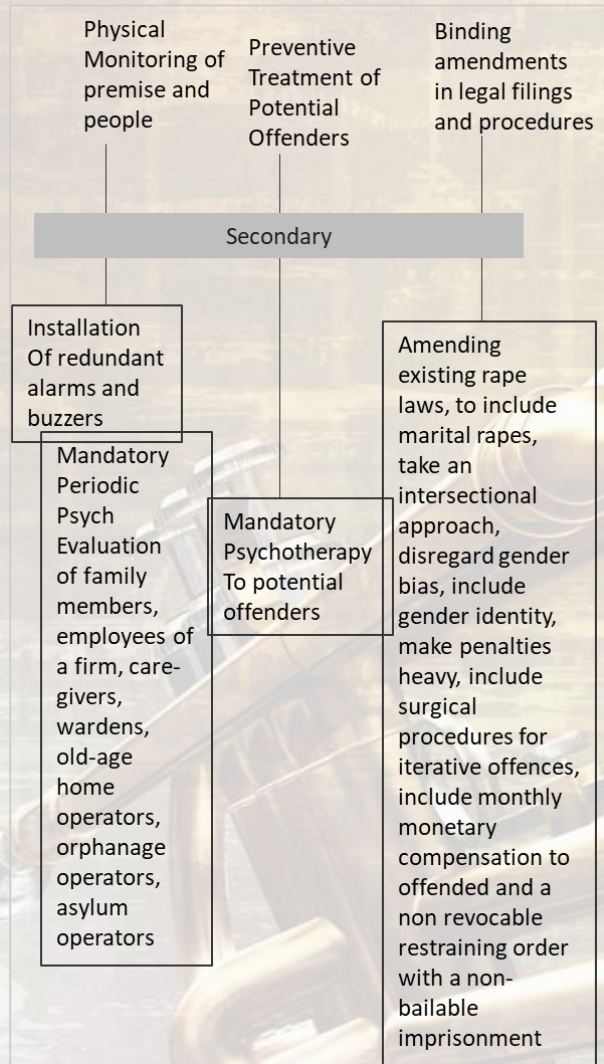
Posters including information regarding prevention of sexual harassment, phone numbers of local prevention cells, information regarding punishments appropriate to harassers, information regarding mandatory public humiliation of harassers and contact details of Psych evaluators for potential sex offenders.

Psychologists, educators, political
leaders and doctors must be mandated
to contribute few hours on weekends
to spread the awareness and be a part
of workshops as observers

Establishment of Local Prevention cells with some defined duties like:

- Monitoring and conducting workshops
- Spreading Awareness
- Auditing
- Providing Psych Evaluators and Psychotherapy sessions
- Reporting to police and central authorities
- Updating local offenders database
- Have temporary lock-up cells for detaining harassers and offenders

Secondary part of the THREE PART SOLUTION!



Physical
Monitoring of
premise and
people

Installation
Of redundant
alarms and
buzzers

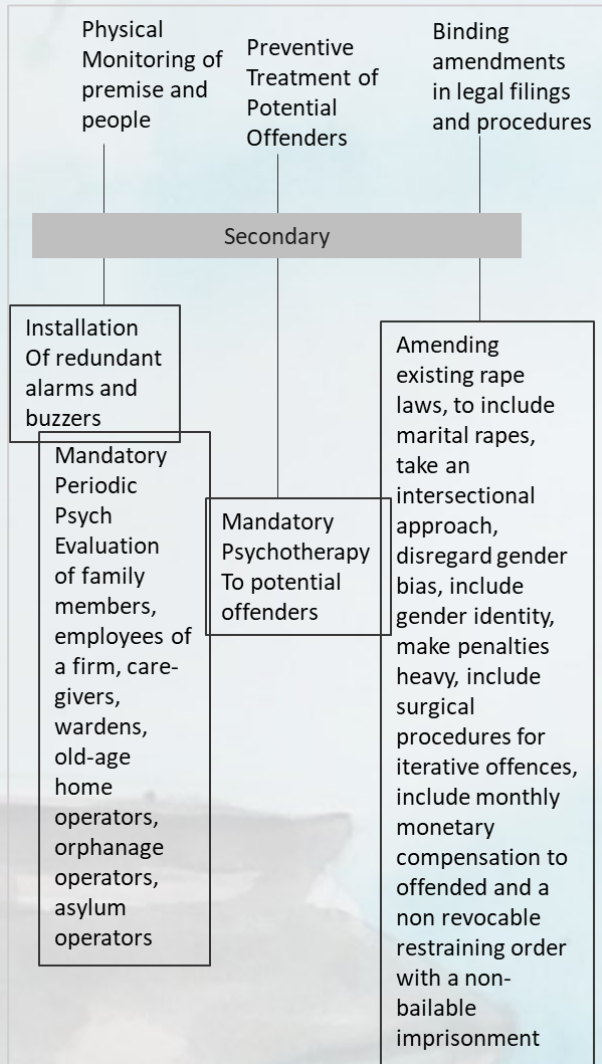
Mandatory
Periodic
Psych
Evaluation
of family
members,
employees of
a firm, care-
givers,
wardens,
old-age
home
operators,
orphanage
operators,
asylum
operators

Installation of redundant police alarms and buzzers and CCTV cameras in all govt./pvt. premises including: schools, workplaces, hospitals, asylums, orphanages, malls, hotels, places of rejuvenation etc. at every turn in the corridors and in every room. Also, alarms and buzzers in toilets within and outside premises.

CCTVs and Alert Buzzers in all streets and dark alleys.

Periodic psych. evals. as mentioned in the primary phase conducted for everyone, to determine potential offenders and send reports to progress for psychotherapy at the nearest psychoanalysis and therapy centres

Secondary part of the **THREE PART SOLUTION!**

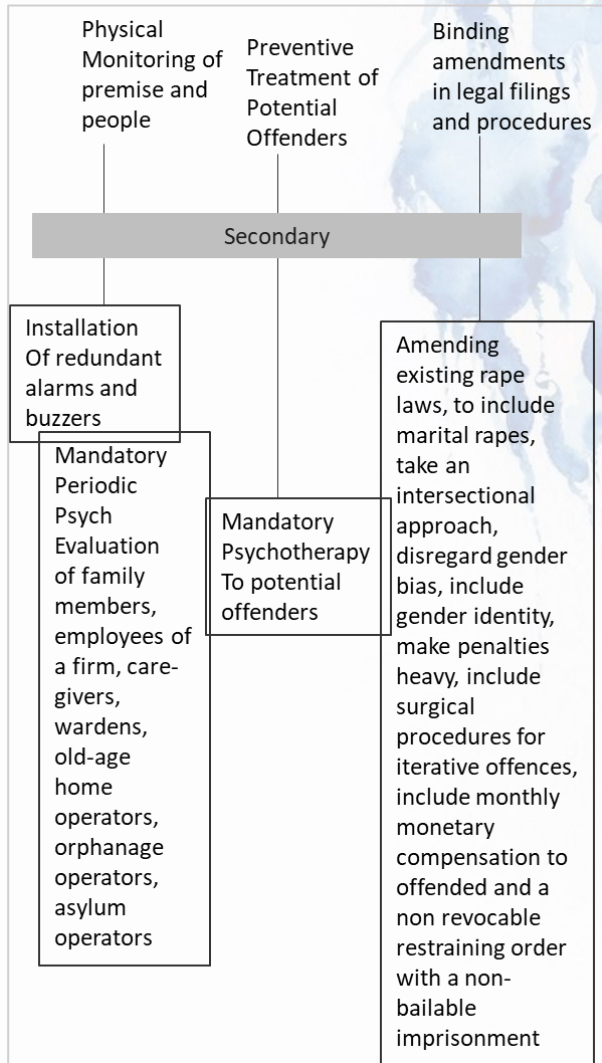


Preventive
Treatment of
Potential
Offenders

Mandatory
Psychotherapy
To potential
offenders

Mandatory Psycho-therapy to prevent potential offenders from taking the path of crime and preventing sexual harassment and assaults

Secondary part of the THREE PART SOLUTION!



Binding amendments in legal filings and procedures

Amending existing rape laws, to include marital rapes, take an intersectional approach, disregard gender bias, include gender identity, make penalties heavy, include surgical procedures for iterative offences, include monthly monetary compensation to offended and a non revocable restraining order with a non-bailable imprisonment

Incisive and intersectional approach towards rape to be taken seriously.

-Inclusion of explicit definition and in an explicit manner of marital rapes, date rapes, rapes with victims other than women.

-Non-revocable restraining orders for offenders from the offended violation of which should mandate imprisonment of 2 years

-Non-bailable imprisonment of rapist for minimum of 10 years

-Permanent vasectomy for second time offenders

-Clinically induced paralysis from waist down for violent offenders

-Divorce and 2x alimony for marital rapes with any additional bills for psychotherapy, abortions, and other medical procedures due to the assault

-Complete tuition fee, psychotherapy, abortion and complete recovery bill payments, rejuvenation charges for rape of minors

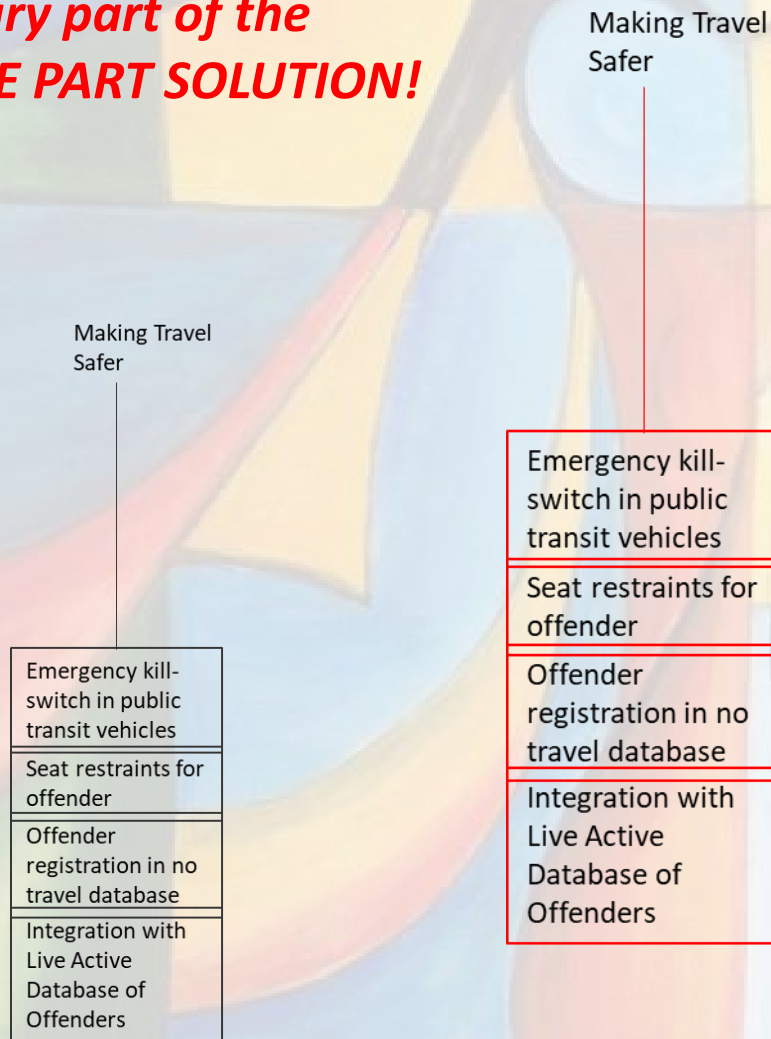
-Psychotherapy, abortion and complete recovery bill payments, rejuvenation charges for rape of anyone other than minors/ spouse

-Psychotherapy, abortion and complete recovery bill payments, rejuvenation charges, 5 years CTC for rape of an employee and HRs to find the employee a new job and rapist to be terminated from job immediately

-Police officer neglecting to file an FIR should be terminated immediately from the job

-Cases filed should be resolved within one month of offender proven guilty

Tertiary part of the THREE PART SOLUTION!



Making public transportation like busses, trains and planes safer, by installing vehicle kill-switches on each seat to stop the vehicle immediately in case of an incident

A mandatory seat to be used as a restraining seat for the offender. The seat to be equipped with restraints like cuffs and belts for offenders.

Public transit safety at night – local prevention officer to travel at nights on the local routes to maintain safety and security And all vehicle drivers to be monitored for alcohol, drugs while driving on long stretches of roads

Offenders caught during time of travel should be put immediately on a no-travel list till they get approval from psychiatrists

The no travel list to be integrated with offender's database.

Studying the Psychology of the Assaulted

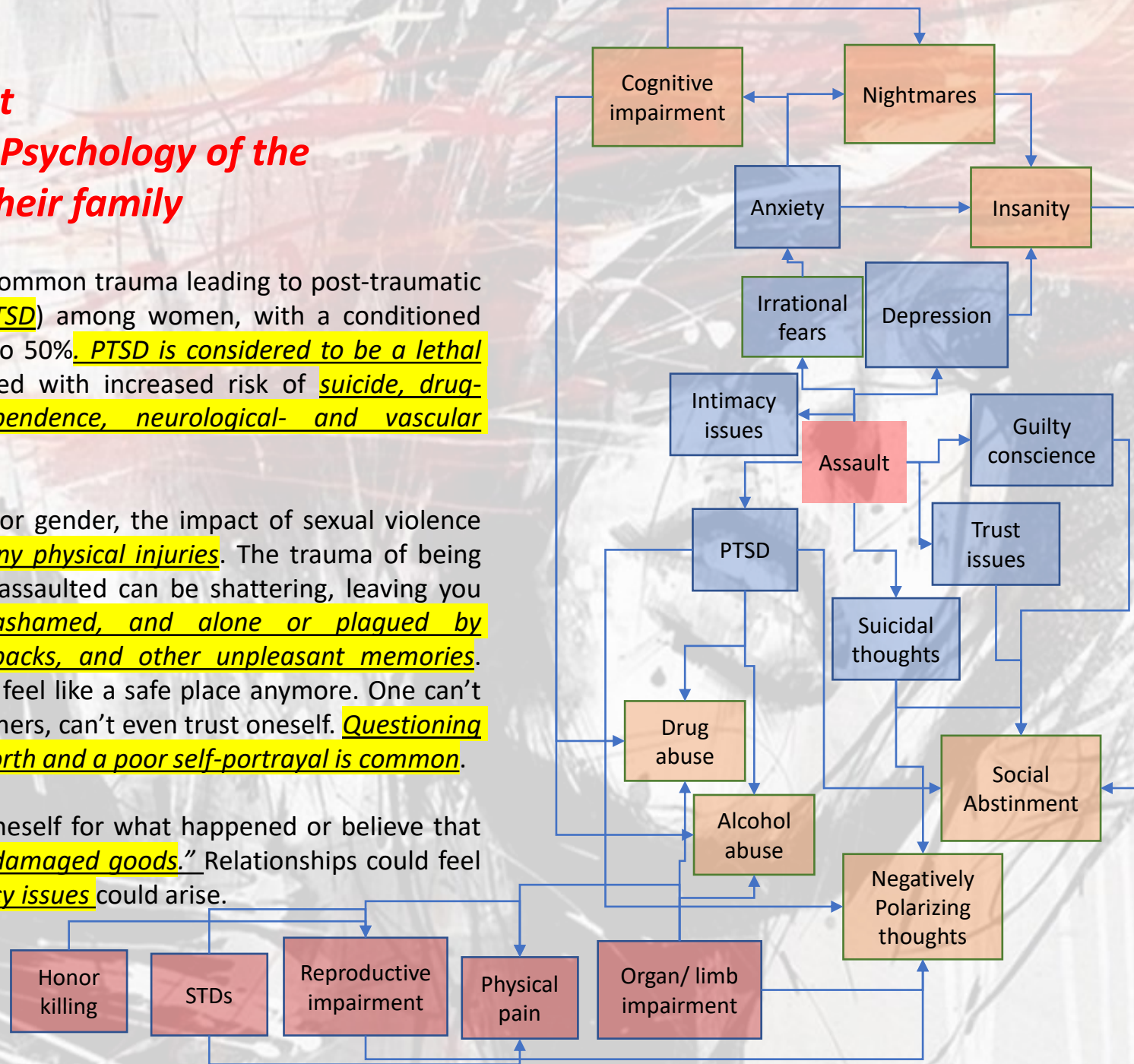
***Detailing out a timeline for
rollout of solutions implicating
primarily a prevention first
strategy***

Sexual Assault & Associated Psychology of the Abused and their family

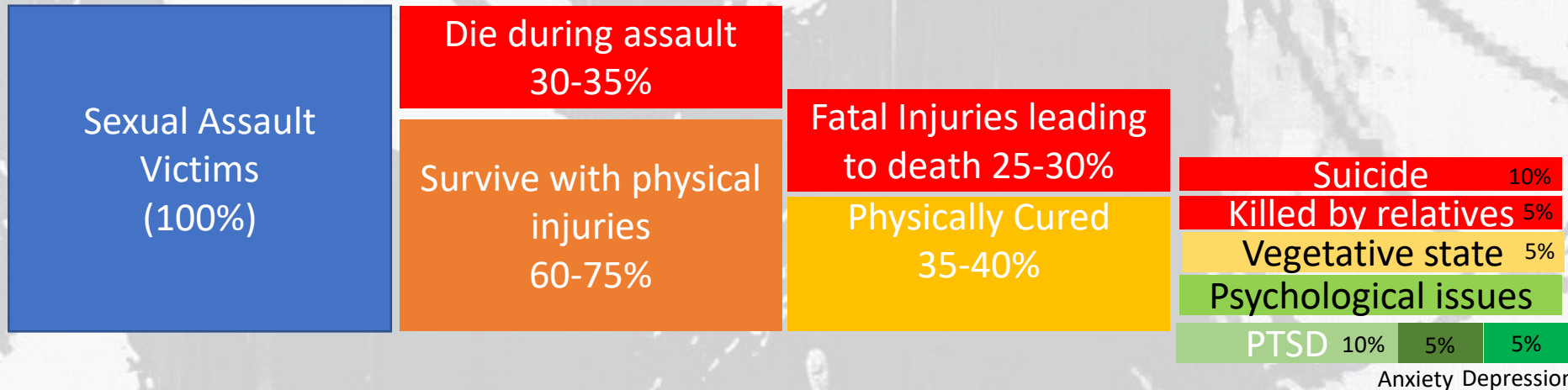
Rape is the most common trauma leading to post-traumatic stress disorder (**PTSD**) among women, with a conditioned prevalence of up to 50%. **PTSD is considered to be a lethal condition associated with increased risk of suicide, drug- and alcohol dependence, neurological- and vascular problems**

Regardless of age or gender, the impact of sexual violence goes far **beyond any physical injuries**. The trauma of being raped or sexually assaulted can be shattering, leaving you feeling **scared, ashamed, and alone or plagued by nightmares, flashbacks, and other unpleasant memories**. The world doesn't feel like a safe place anymore. One can't any longer trust others, can't even trust oneself. **Questioning judgement, self-worth and a poor self-portrayal is common**.

One may blame oneself for what happened or believe that one is **"dirty" or "damaged goods."** Relationships could feel dangerous, **intimacy issues** could arise.



Survival rates of the sexually assaulted



PTSD

(Reliving aspects of what happened)

- vivid flashbacks (feeling like the trauma is happening right now)
- intrusive thoughts or images
- nightmares
- intense distress at real or symbolic reminders of the trauma
- physical sensations such as pain, sweating, nausea or trembling.

(Alertness or feeling on edge)

- panicking when reminded of the trauma
- being easily upset or angry
- extreme alertness, also sometimes called 'hypervigilance'
- disturbed sleep or a lack of sleep
- irritability or aggressive behaviour
- finding it hard to concentrate – including on simple or everyday tasks

(Avoiding feelings or memories)

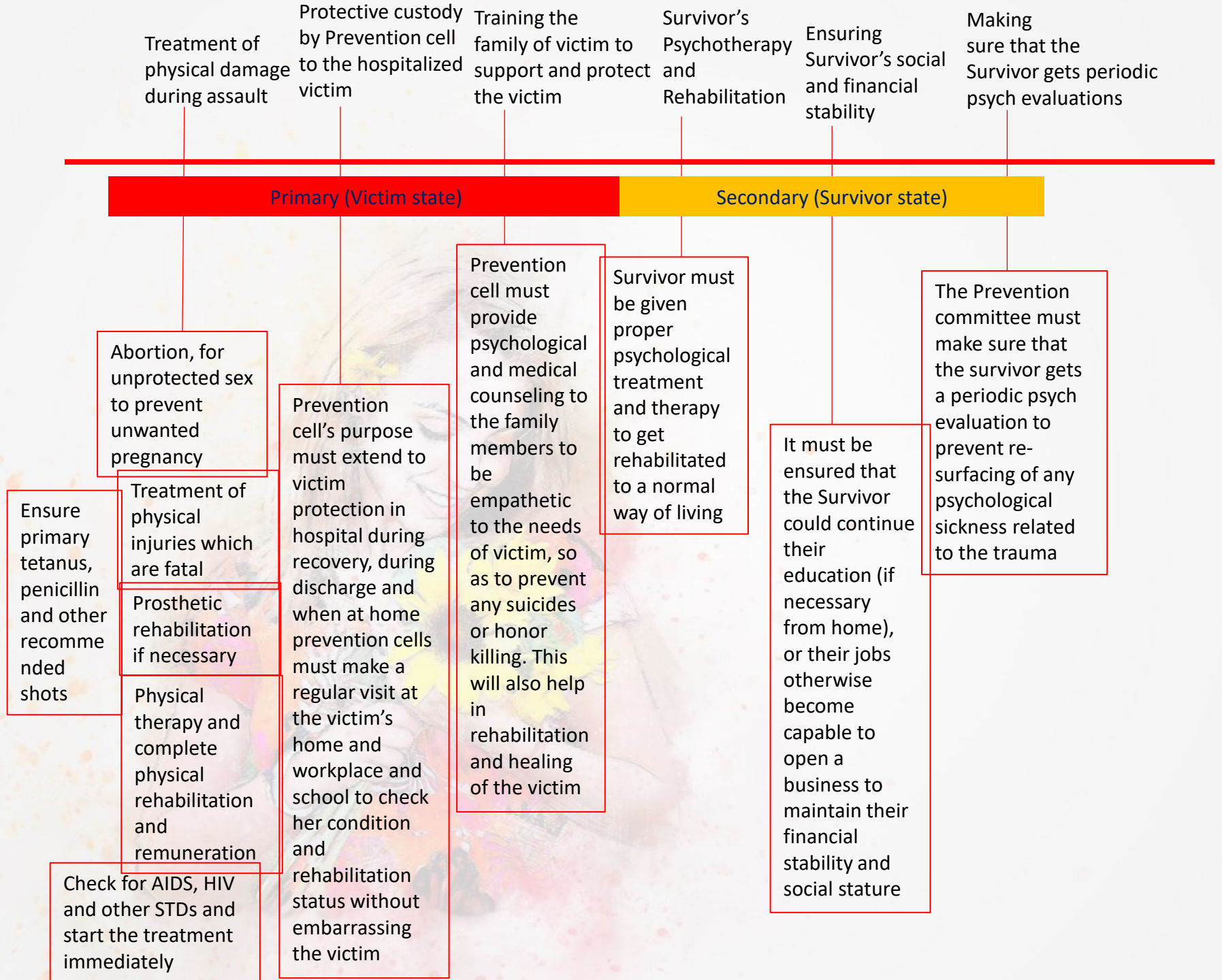
- feeling like you have to keep busy
- avoiding anything that reminds you of the trauma
- being unable to remember details of what happened
- feeling emotionally numb or cut off from your feelings
- feeling physically numb or detached from your body
- being unable to express affection
- doing things that could be self-destructive or reckless
- using alcohol or drugs to avoid memories.

(Difficult beliefs or feelings)

- feeling like you can't trust anyone
- feeling like nowhere is safe
- feeling like nobody understands
- blaming yourself for what happened
- overwhelming feelings of anger, sadness, guilt or shame.

Detailed Solution Timelines by application

***Detailing out a timeline for
rollout of solutions for focused
treatment and rehabilitation
of the Sexually Assaulted***





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Against

SEXUAL ASSAULTS AND VIOLENCE



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